

## *The Goulbourn News*



Produced by the Goulbourn Historical Society & Museum, 2064 Hunley Rd., P. O. Box 621, Stittsville, ON K2S 1A7  
E-mail address: goulbmus@rogers.com Telephone: (613) 831-2393 Please visit our website at [www.goulbournmuseum.ca](http://www.goulbournmuseum.ca)

Oct/Nov/Dec.  
2008

### COMING EVENTS

#### **Saturday January 24, 2009 – Luncheon & Annual General Meeting (AGM) - Noon**

Come join us at the Christ Church Anglican Church Hall, in Ashton. Our meal will be served at noon, with the business meeting to follow – about 1 p.m.

-Tickets or reservations will be available at the Museum and further details will be provided for the membership as we get closer to the date.

#### **Saturday March 21, 2009 – Writing Family History - Goulbourn Museum – 1:30 p.m.**

*Writing Family History* with genealogist and author Lee Ann Eckhardt Smith. Ms Smith, who has published her own family history *Strength Within: The Granger Chronicles* and who conducts a series of workshops entitled "How to Write Family History and Memoir Even if you're not a Writer", will offer advice on turning family facts into family stories.

### MUSEUM HOURS

The Goulbourn Museum and the History Centre are open to the public  
Tuesday through Friday 12:30 p.m. to 3:30 p.m.

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Ontario Ministry of Culture, Tourism, and Recreation.

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*Most of us do not really know our fellow members. This is the eighth of a series of life profiles to introduce each other. If you wish to volunteer before you are 'volunteered', please let Donna know or give Bernie Shaw a call at 613 836-5533.*



Hélène Rivest

Hélène, the eldest of seven children, was born in Val D'Or, Quebec. She joined the Canadian Defence Forces as a Supply Technician in 1976, accumulating a variety of experiences in many postings. She recalls with pride being one of the first group of 33 female participants in the Canadian Forces' *Trials for Women in Non-Traditional Roles* who effectively proved their value on active service. One of her greatest satisfactions was during 1979 when she aided incoming 'boat people' to get established after their arrival, destitute and friendless, at Edmonton.

Posted to Ottawa in 1981, Hélène put down roots and purchased her house in Stittsville. She exchanged her uniform for 'civvies' in 1986, but stayed with DND and is now Executive Assistant to the Chief of Maritime Staff.



Santa's helper

Hélène maintains that she inherited her addiction to volunteering from her parents and grandparents who strongly believed in giving back to their community. She joined the Big Brothers Big Sister organization and for eleven years Shannon has been her 'Little Sister'. Hélène says, "I cannot begin to tell you what a difference she has made in my life and the one I know I am making in hers". In accord with her ambition "to make a difference," she makes costumes and is a dresser at the Ottawa Little Theatre and is a volunteer with the Stittsville Food Bank, Sacred Heart Church, Granite Ridge Retirement Home, Stittsville Village Association and the United Way. She can always be relied on to help with community events such as Winter Fest, Canada Day, Village Fest, Artists in The Park, Authors in the Park and Parade of Lights. She is also a member of the DND Toastmasters Club. All in addition to her regular job.

In 2007 Hélène received a United Way Community Builder Award. She was surprised and, she says, "totally speechless" — a remarkable achievement as anyone who knows Hélène will understand. In 2008 she was inducted into the Wall of Inspiration at Ottawa City Hall in recognition of her Big Sister work.

Hélène is an enthusiastic supporter of the Historical Society in many ways. Her baking, often made from pioneer recipes, is popular at monthly meetings. (I can personally recommend her banana bread: recipe in *The Goulbourn News*, #51, 2007). As a costumed interpreter she has adopted the role of Jacqueline, the fictional grand niece of a Frenchman,

simply known to history as Jacques. He is believed to have drowned in the river at Richmond and given his Anglicized name to the Jock River. Jacques left no known historical traces, but H el ene is searching for information. In the meantime, she is weaving her own unique story for Jacqueline, drawing on her years in the Abitibi region. Her plans include joining the other costumed members of the society taking *live* history to local schools.

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**DID YOU KNOW**

Taken from the book titled "The Real McCoy", (The True Stories Behind Our Everyday Phrases) written by Georgia Hole (2005). Where and what does the phrase "***with bated breath (in great suspense)***" come from and mean?: *Bated* is sometimes spelled *baited* in this phrase, but this is because of a mistaken association with the

verb *bait* meaning 'put food on a hook or in a trap'. In fact *bated* here is a shortened form of the word abated, which means 'reduced or lessened'. The idea behind the phrase is that the anxiety or excitement you experience while waiting for something to happen is so great that you almost stop breathing.

**Welcome to our Newest G.T.H.S. member**

Keith Alderson - - Thamesford, Ontario

**THOUGHT TO PONDER**

Maybe...

giving someone all your love is never an assurance that they will love you back. Don't expect love in return; just wait for it to grow in their heart; but, if it doesn't, be content that it grew in yours.

**ADD A SMILE TO YOUR DAY**

A passenger in a taxi leaned over to ask the driver a question and tapped him on the shoulder. The driver screamed, lost control of the cab, nearly hit a bus, drove up over the curb, and stopped just inches from a large plate glass window.

For a few moments everything was silent in the cab, and then the still shaking driver said, 'I'm sorry, but you scared the daylights out of me'.

The frightened passenger apologized to the driver and said he didn't realize a mere tap on the shoulder could frighten him so much.

The driver replied, 'No, no, I'm sorry, it's entirely my fault. Today is my first day driving a cab.....

I've been driving a hearse for the last 25 years.'

**IN RECOGNITION OF THEIR OUTSTANDING DEDICATION TO THE GOULBOURN  
TOWNSHIP HISTORICAL SOCIETY AND MUSEUM**



On Saturday November 15th 2008, Museum Chairperson Hilda Moore publically thanked two long-standing Goulbourn Historical Society members, Robin Derrick (left) and Jim Stanzell (right), for their outstanding commitment to Goulbourn's heritage. In her speech, Hilda pointed out the great leadership shown by Robin, who has served for many years on the Board of Directors. She also mentioned his colourful reenactment of the Duke of Richmond, which has provided many hours of enjoyment for local audiences. Hilda thanked Jim Stanzell for the contributions he has made to the field of genealogical research. Using original land records and census materials, Jim has compiled a number of publications listing vital statistics for Goulbourn's early settlers. This painstaking work provides a legacy of information for current and future family researchers.

The names of both men have been added to the Goulbourn Historical Society and Museum's Honour Roll. Past recipients include: Mildred McCoy, John Curry, Bee Griffiths, Muriel Gingras, Percy Cathcart, Barry Roberts, Virginia Notley, Donna Keays-Hockey, Don McMillan, and Hilda Moore.

**The Newsletter**

Would you be interested in receiving your Newsletter on-line? This will help the G.T.H.S. by saving on the cost of envelopes and postage. Please let us know. Our email address is indicated on page 1.

**ADD A SMILE TO YOUR DAY**

**WHY WE LOVE CHILDREN!!**

**DRESS-UP**

A little girl was watching her parents dress for a party. When she saw her dad donning his tuxedo, she warned, "Daddy, you shouldn't wear that suit. And why not, darling?" "You know that it always gives you a headache the next morning".

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## LOOKING BACK

### HISTORY OF STAPLEDON

The following transcript is based on an audio tape version of a local history presentation given by Marion Scott to the Goulbourn Township Historical Society membership, most likely, during the 1980's.

Our heartfelt thanks to G.T.H.S. member Cheryl McCoy for her excellent work bringing these stories to life for us, once again.

About twelve years ago, Mac Storey was good enough to allow me to carry home piles of the Stapledon Orange Lodge minutes book and I spent hundreds of hours reading these minutes. The social history in those Orange Lodge books was unbelievable. They gave me a tremendous insight into what social life was like in the Carleton County, Goulbourn Township in the nineteenth century. I also spent a great deal of time at the Archives researching.

If you look at Stapledon, is it Stapledon or Stapleton. One never knows how quite one should spell it. Mildred McCoy brought this letter addressed to Mr. Robert McCoy in Stapledon. I've always spelled it 'ton' but when you read the application in the Public Archives to have a post office, it says they want to have it at the home of Mr. Thomas Stapledon. So, I guess it is Stapledon. But now, they spell it with a 't'.

This is a rough map I drew of the third and fourth concessions of Goulbourn from the Conley Sideroad to Munster Sideroad. That is the area that was included in Stapledon. The reason Stapledon did not continue to exist as a rural community in Goulbourn was it did not have everything nicely centered in one area and it did not have the social institutions in that area that most communities have which survive over time. If you look at a small community that still exists, it has to have a church, a store, a school and has to have some private little

industries. But, if you look at what we call Stapledon, no church, didn't have a store although for a while in the Bleeks House right beside the Rielly's Post Office, they had a little store in the front of that building. The school was away over on the third line and there was a little bit of industry in Stapledon. If you look at it over time, it was doomed not to be a community as such to survive.

Prior to 1850, there were a lot more buildings there. This building would have been a shanty and was the building my great, great Grandmother (Sarah Copeland Vaughn) came to with her husband (William Vaughn) in 1818 and her two children. She was the wife of Sgt. William Vaughn. In 1818 when the 100<sup>th</sup> Regiment of Foot was disbanded in Quebec City, they decided to settle and they came with the Richmond settlers. She walked with all the other women from Richmond Landing on the Ottawa River near where the Parliament Buildings are and she walked through the bush to Richmond and she kept on walking to where they built their first shanty on the third line. In fact, the Vaughn's were originally allocated land on the first concession of Goulbourn way up past Dwyer Hill. But, because she had two young children and it was such a long way, they traded land grants with other people and this is where they settled. From this little shanty, they built a log house and another house was built by their children. Ten children were born in that family. They sort of became the heart of this community. If you look at the Rielly's, the mother of the Rielly's is a Vaughn, related to the Bleeks', the Hall's, the Garland's, all old families who lived around this particular area and descended from this lady.

I think this lady had a great impact on the community because she came from a particular family in Ireland that had a very

interesting history. They were very minor Irish Protestant landowners. In the Irish rebellion at the end of the 18<sup>th</sup> century, 1876 or 1878, not sure which the story is that her Father, her Uncle and other family members were killed in that rebellion. She actually witnessed the killings. I remember Jenny Rielly Davidson telling me about their Grandmother telling her Sarah witnessed their heads being put on pikes. It made her very fervently Orange and anti-Catholic, fervently loyal to her family and bitter because they had to leave Ireland and her family was very poor compared to what it had been before. We know that because when they came to North America, her brother came with her as a common British soldier and if his family had any money, one would have bought him a commission. Although her Mother's name was Lady Jane Copeland, they were of the landed gentry and quite poor when they came here. They were no better off than any of the others that were in her group of settlers.

They settled here in 1818 and you all know the story of the Duke of Richmond travelling down from Perth and having stopped at her house and then stayed in a hotel in Richmond the last night before he died. Carol Bennett, who is a quite well known valley writer, wrote a historical novel in the 1970's entitled "Woman of Ireland" under her pen name Jane Barrett. It is a fictional novel of Upper Canada based on Sarah Vaughn's life. The only thing she changed in the novel was she changed the name of Vaughn to Ashley. But, all the rest of the names, the names of the children, etc. are based on historical data as she found it. Also, in the book she wrote later, "The Valley Irish", she had an article which she researched about Lady Jane Copeland's Father's killing, 'they killed my Father at Vinegar Hill'. This is all available in the Richmond Library.

When they came in 1818, lots of other settlers came over time to the same area. I went to the Public Archives and the people there in the Map Division were really helpful. They made copies for us and the archives of the Historical Society now has copies of all the pertinent maps which relate to Goulbourn Township.

If you look at those maps, some of them present very interesting questions. For example, there is one old map that just shows the road from Perth going to Richmond. At every side road or every second side road, there was a building that was some sort of a hotel. Their version of a hotel could be pretty primitive. Probably, just a house where the people would give up their bed for someone to sleep when guests were passing through. One of these was just at the Conley Sideroad and one of them was at the Munster Sideroad. The one at Conley is interesting as Clare Rielly told me that he remembers going down there as a very young child at the turn of the century and in the ground there were remnants of an old log foundation. They could climb down and find lots of old coins and pieces of broken pottery. I always thought it would be really interesting if someone could dig it up.

There is another old map in the 1830's which shows an old stone building on the Jock and a road is marked in pale yellow markings going from this house all the way to Appleton. I have no idea why there would be a road shown on a map in the 1830's going from this stone building to Appleton. Again, Clare Rielly told me that he thought that stone building was used as a trading post or some kind of a store. We don't really know what went on there but it was significant enough that this particular map shows that road.

The other building that is a question mark but of course, does not exist anymore, was half way down on the farm

where my Father was raised. He said as a young boy, he found ink wells and remnants of an old school. There is a sort of a little creek, or more like a depression, and on the banks of that, there were remnants of an old school which was sort of confirmed by Betty Gordon who was a really well known local historian who lived on the fourth line. She said her Father always told her the early settlers had to have had a good school and I agree with her. If you look at this petition for a Post Office in 1885, the penmanship of many of the men who signed this petition is beautiful. The second school on the third line was not built until the 1860's. My great Grandfather signed this petition and his penmanship is beautiful. They obviously had a school and we think this is where it was.

Of course, there were lots of other farms here. There were Cassidys, Burns, Nichols, the Scots settled here and the Gordon's were here and there were many families who made up this community. This is pre 1850.

In 1850, the community started changing and becoming more prosperous. One of the things was in 1840, the Rielly family comes and they settled on the fourth line and later on, had a blacksmith shop. The other house on that property which predates them, Jenny Riley always called the Bleeks house. There was a cobbler shop and a carpenter shop associated with the Bleeks house. There is quite a complex of buildings at that site.

Also, in 1854, which was the earliest of the minutes of the Orange Lodge that I read, the original Orange Lodge was in the log building where Diane Dolan lives now (at the corner of Green Sideroad & Fourth Line). You can understand why they built the Orange Lodge as they were all Protestant, they were very loyal people and they all needed a social activity. When you

read the minutes, the thing about the Lodge that impressed me the most was that it is really a social group. A group of men meet together on a regular basis and do all kinds of really interesting social things. Also, the 1863 map shows a log school on the third line right beside the stone school that is there now.

In 1861, the Orange Lodge had a motion to get a carpenter to finish the hall before the 12<sup>th</sup> of July. The Orange Lodge had a big division for years about alcohol. The community was partly temperate and partly not temperate. You can see all the way through the lodge minutes, it depends on whether the temperance people were in control of the lodge or people who were not. Later on the 1870's map showed a Temperance Hall in Stapledon. But, in 1854, they had a motion that no liquor would be served in the lodge except on the 12<sup>th</sup> of July and November 5<sup>th</sup>. Guy Fawkes Day was greatly celebrated at that time.

In 1862, they were still trying to get this lodge finished. They have a motion that they will buy five planks and three pounds of nails to make benches. On the 12<sup>th</sup> of July, they always had a picnic but on November 5<sup>th</sup>, they did all kinds of interesting things. In 1862, they decided to have a shooting match and would meet at the lime kiln at 12 o'clock noon. This kiln was on the McLinton farm which then became part of the Rielly's. In 1863, they have a motion that they will walk to the school house on November 5<sup>th</sup> to hear a sermon. In 1864, they are getting a little less temperate. They say that each man can have two glasses of liquor, one before the meeting and one after the meeting. They also had a motion to purchase a bible for the lodge. In 1865, we have the fears of Fenian Raids and they are going to Ottawa on the 12<sup>th</sup> of July. On July 7<sup>th</sup>, they passed a motion that each man was to take his firearms. In 1867, the motion is that the

hall will be used for an armory for the month of June. You can see why as right across the side road is where Capt. Garvin lived and he is the captain of the Carleton Blazers, the Fifth Company, and he is drilling his soldiers there. It was called the Munster Company but Capt. Garvin lived here and most of the militia members came from Stapledon and some from Munster. I have documents showing pages and pages of militia who went to Prescott and Ottawa encampments and drilled.

In 1868, on Nov. 5<sup>th</sup>, they were going to have a squirrel hunt. 1870, there is a Motion that they will provide one half bushel of apples and fifteen pounds of crackers. 1871, they vote to give money to other lodges. They were the lodges that were burnt in the great fire of 1870. In 1872, the minutes say on Nov. 5<sup>th</sup>, there will be preaching at 2 p.m. and will be a spree at night. 1873, a motion that a game of baseball will be followed by a luncheon at 1:00 o'clock. They liked baseball as the next year; they had a motion they were going to play baseball again. This hall still was unfinished, as in 1876, there was a motion that they will have a bee to bank and plaster the hall. Then, in 1880, they have a motion to provide lumber to finish the hall and lime the hall.

By the end of the century, there is a Presbyterian Church. Early on, there was the Shillington Methodist Chapel on the fifth line but there was never really a church right in Stapledon and maybe if there had been a church and a school right in Stapledon, it would have made a difference.

One of the most interesting documents about Stapledon in this copy from the Public Archives of a petition for a Post Office. I got one of these for every little post office in Goulbourn Township and it was from that that we discovered Mr. Healey invented the first pea harvester and

we found interesting things about Goodstown and all over the area.

Nothing has changed in government. If you really want something, you have to write a document that sounds really good. As I look at this petition, I wonder how much of it was true and how much of it were they writing for the bureaucrats. The document is written by John Scott and in it he is asking for a post office. He says 'we are nearly four miles from a post office' and 'we are living in a well settled part of the township. In the community is a sawmill, grist mill and shingle mill, Morton/Conley mill at the Conley side road and 4<sup>th</sup> Line had already started by 1886, blacksmith and carpenter shop (Rielly's) and a place of public resource on the main road from Perth to Ottawa. I do not know what that is – was it a hotel or stopping place? We therefore pray that you will be pleased to grant us a post office'. At that point in 1886, my great Grandfather, Henry Vaughn is a responsible person living on the west half of Lot 13, 3<sup>rd</sup> Conc. in the Township of Goulbourn who was willing to become the Post Master. But then, it goes on and is signed by people living in what became Stapledon. It goes back to what I was saying at the beginning that Lady Jane Copeland had such a strong influence on this community as they stated 'we would like the post office called Ballialbon or Enniscary, the later being a major battle in the Irish Rebellion. The first post office petition was in 1886. Then, Mr. Vaughn became the Township Treasurer which obviously must have paid him more than being post master because he didn't want the post office anymore. The Stapledon family was having sort of a rough time and Mr. Stapledon agreed to be the Post Master. Because, he was the Post Master, the bureaucrats decided that Enniscary or Ballialbon were not suitable names and



like many other post offices in Goulbourn Township, they named it after the man who was to be the Post Master. So, it became the Stapledon Post Office and Mr. Thomas Stapledon became the Post Master about 1888. In his family there was consumption or T.B. His wife died and many of his children died. I remember people telling me how this well knit inter-related community took the children. Ralph Davis took one of the Stapledon children and other families adopted some of the children and some of them stayed with Mr. Stapledon. At any rate, they were not able to continue the post office. It passed to Neill's for a year or so and was later on taken over by the Rielly's in 1898. They kept the post office until 1913. Right inside the Rielly house are some of the little cubicles where different families came to collect their mail. The Bleeks' ran a little tiny store in the front and people walked down every day to get their mail and socialize.

The whole community was getting richer as a whole. The school changed from being a log school to being a stone school. The Orange Lodge changed from a log building to a brick building. This all occurred around 1900. The Conley Sawmill is really prosperous. My Father said that when he was a young boy as far as you could see down the side road, were piles of logs. Men cut them in the bush and Mr. Conley sawed it all and it was stacked waiting for them to come and pick up their

lumber. The Morton-Conley big brick house was a sign of their prosperity.

They were really fortunate that here in the middle of it are these nice log buildings at Rielly's that are preserved. In 1970, when I was President of the Historical Society, I remember writing a letter to the Rideau Valley Conservation Authority requesting the restoration of the Rielly log buildings. The people from RVCA came, on a formal motion from Goulbourn Township, to look at those buildings and their official restorer said the buildings were beyond restoration. They said that logs in the buildings were so rotten that there was nothing they could do to restore it. They said we would have to reconstruct the buildings using new logs and that they would not take any part in the restoration of this property. In 1970, as we were trying to get ready to make that application, Nancy Smith who was involved in the founding of the Historical Society, and I did some research on it. Nancy was quite a photographer and has since worked many years at the Billings Estate. She took photos of the Rielly buildings, the Conley sawmill and sort of the Stapledon community.

*Note: The remainder of the transcript refers to the contents of a slideshow that apparently followed Marion's lecture. No doubt, some of our G.T.H.S. members will have fond memories of this presentation – it would have been great to have been in attendance.*

### Costumes and Clothing

The Museum and the Historical Society are trying to increase their collection of wearable costumes for museum activities and heritage events. Do you have some items that are in your way or cluttering your house, items that could be useful to us? We are looking for old hats and caps, both men's and ladies'. Also flour sacks, feed sacks, aprons and various odds and ends are always useful. If your Aunt left you a box of sewing supplies, buttons and cloth that are no use to you, please consider passing the whole box of "old junk" along to us. Someone's junk can be someone else's treasure.

### ADD A SMILE TO YOUR DAY

When insults had class...

“Some cause happiness wherever they go; others, whenever they go.” – Oscar Wilde

### THE NEWSLETTER COMMITTEE

We are also looking for creative writers; memoirs, historical extract, and items of interest are sought. Please contact Virginia at 613-836-1556.

This article comes from the book called ‘ ‘ *Extraordinary Origins of Everyday Things*’ ’ by Charles Panati. This book covers fascinating stories behind the origins of over 500 everyday items, expressions, and customs

***Pockets.*** Simple and indispensable as pockets are, it is hard to imagine that they did not exist before the late 1500’s. Money, keys, and personal articles were wrapped in a piece of cloth, an impromptu purse, and tucked into any convenient part of a person’s costume.

One popular place for a man in the 1500s to carry his personal effects was his codpiece. These frontal protrusions, which fell from fashion when their exaggerated size became ludicrous and cumbersome, originated as a convenient opening, or fly, to trousers. Fashion of the day dictated that the fastened flap be stuffed with cloth, and it became an ideal place to carry the special cloth containing a man’s valuables. When the codpiece went out of fashion, the cloth did not move far: it became a small bag, drawn up at the top with a string that hung from a man’s waist. The cloth was on its way to becoming the lining that is a pocket.

The first pockets in trousers appeared near the close of the 1500s. They evolved in two steps. At first, an opening was made as a side seam in a man’s tight-fitting trousers. Into the opening a man inserted the cloth pouch containing his belongings. The independent pouch soon became a permanent, sewn-in feature of trousers.

Once introduced, pockets proved their convenience and utility. In the next century, they became a design feature of men’s and women’s capes and coats. At first, they were located down at the hem of an overcoat; only later did they move up to the hip.

***Suspenders.*** Before suspenders were used to hold up pants, they were worn around the calf to support socks, not yet elasticized to stay up on their own. Trouser suspenders were introduced in England in the eighteenth century. First called “gallowses,” then “braces,” the straps, worn over the shoulders, buttoned to trousers. They were given their graphic name ‘suspenders’ by eighteenth-century New Englanders who adopted the British fashion.

### FUNDRAISING NEWS

The Fundraising Committee is pleased to inform you that, by dining out, you can assist the Society.

If you eat at the Broadway Bar and Grill in Stittsville and say “Team 396”, the Society will receive 10% of what you spend. So, everyone, get out to Broadway and say “Team 396”, earn us some money and enjoy.

\*\*\*\*\*RECIPES\*\*\*\*\*

I am indebted to various friends who loan me their cookbooks so that I can complete the recipe section of the Newsletter. The recipes for this issue are from “*Christmas with Mary Cook, Favourite Stories and Recipes*”. It was printed in 1998 by Creative Bound. Inc., Carp, Ontario. The net proceeds from book sales went to the Saunders-Matthey Foundation for Breast Cancer Research.

**Memories from Mary Cook.**

*Mother never wasted a thing back in the 1930’s. Soup bones simmered on the back of the Findlay Oval almost constantly, as we always had leftover ham bones, beef ribs from the Sunday roast and, of course, at Christmas time, there was always the turkey carcass. This special turkey barley soup was a favourite, and I still make it today with very few variations from those days on the farm when it was a real stick-to-the-ribs meal. Mother served it with thick slices of homemade bread, and for dessert we had Christmas cookies or cake. It was a full dinner; always served at noon hour...suppers were at night!*

**TURKEY BARLEY SOUP**

1	turkey carcass	1
6 quarts	water	7L
12	peppercorns (or several good shakes from the pepper shaker)	12
2 cups	celery, cut into fairly large pieces	500 ml
3	bay leaves	3
1 large	cooking onion, cut into chunks	1 large
2	garlic cloves, finely chopped	2
1 cup	barley	250 ml
2-28 oz. cans	stewed tomatoes, drained and chopped	2-796 ml cans
1	onion (yes, another one), this time finely chopped	1
1 cup	celery (again, additional), chopped	250 ml
1 cup	carrots, finely chopped	250 ml
2 tsp.	salt	10 ml

-Combine the first seven ingredients in a big pot. Bring to a boil, covered. Turn down the heat and let everything simmer for 1 ½ hours.

-Remove the carcass and pick the meat off the bones. Store meat in fridge.

-Drain the broth through a sieve into a large bowl. Refrigerate overnight.

-The next day skim off and discard any fat from turkey broth.

-Bring broth back to boil. Add the barley, turkey pieces, tomatoes and remaining ingredients. Cook for at least 45 minutes on reduced heat.

**Turnip Bake with Brown Sugar and Apples**

- Cook two large turnips to serve 8 people. Drain well, and dry for a few minutes on the burner.
- Using a food processor, purée turnips (or mash thoroughly, then mix with a hand mixer).
- Add a bit of melted butter, and salt and pepper to taste.

- Put half of the turnips into a casserole. Add 3 or 4 thinly sliced and peeled apples on top of turnips.
- Dot with butter and brown sugar.
- Add the remaining turnips. Top with soft buttered breadcrumbs.
- If desired, sprinkle lightly with garlic salt.
- Bake at 325°F (160°C) for 1 hour.
- Cool slightly, wrap tightly and freeze.

*Note:* This casserole can be made and cooked two days in advance of serving. Refrigerate and reheat for 30 minutes before serving.

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### **Sweet Potato Bake**

1 ½ lbs.	cooked, well-drained sweet potatoes	675 g
	or	
2-14 oz. cans	sweet potatoes, well-drained	2-398 ml cans
1/3 cup	brown sugar	75 ml
1/3 cup	table cream	75 ml
	salt to taste	
½ cup	butter	125 ml
3 tbsp.	white sugar	45 ml
4	slices of pineapple, cut in half	4

- Arrange potatoes in a greased 2-quart (2L) casserole. Mix brown sugar, table cream and salt and pour over potatoes.
- Dot with butter and sprinkle with the white sugar.
- Arrange the pineapple in a hit-and-miss fashion throughout the sweet potatoes.
- Cover and bake at 325°F (160°C) for 35 minutes. Remove the cover and bake 10 minutes more before serving.

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### **Cranberry Layered Cake**

1 ½ cups	sifted all-purpose flour	375 ml
1 ½ tsp.	baking powder (double-acting preferred)	7 ml
½ tsp.	salt	2 ml
1 cup	chopped fresh cranberries	250 ml
2 tbsp.	grated orange rind	30 ml
1/3 cup	chopped walnuts	75 ml
¾ cup	light brown sugar, firmly packed	175 ml
1 tbsp.	flour	15 ml
1/3 cup	soft shortening	75 ml
½ cup	granulated sugar	125 ml
1	egg, unbeaten	1
1 tsp.	almond extract	5 ml
½ cup	milk	125 ml

- Heat oven to 350°F (180°C).
- Grease and flour an 8" x 8" x 2" (2L) baking pan.
- Sift together flour, baking powder and salt.
- In a small bowl, combine the cranberries, orange rind, nuts, brown sugar and 1 tbsp. (15 ml) of flour; set aside.
- In a large mixing bowl, using an electric mixer at medium speed, cream the shortening, gradually adding sugar, and beat until light and fluffy.
- Add the egg and almond extract and beat well.
- With mixer at low speed, add the flour mixture alternately with milk, beginning and ending with the flour mixture. Blend thoroughly after each addition.
- Spread half of the dough in the prepared pan. Top with half of the reserved cranberry mixture, spread remaining dough over the top of the cranberry mixture, then dot with the remaining cranberry.
- Bake for approximately 15 minutes or until done. Cut into squares and serve warm.

Serves 9.

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### **THE BEST OF HELPFUL HINTS**

*by: Spring Park United Church Women Unit 2, Charlottetown Prince Edward Island.*

To the best of their knowledge, each hint has been used, many repeatedly. Though not necessarily original, some hints have been handed down through generations, while others have been recently acquired. They are intended as possible solutions only. The authors cannot guarantee absolute success. It is suggested using care to guard against damage.

#### **FLOWERS**

- Cut flowers will last longer if not crowded in the vase.
- Remove leaves below the waterline, as decaying vegetable matter poisons the water.
- Carnations will last longer if placed in water containing a little boric acid.
- Very hot water will miraculously revive wilted flowers.
- To eliminate the overpowering smell of marigolds, add a teaspoon of sugar to the vase.
- Save coffee grounds for feeding geraniums.
- Put a crushed paper napkin or towel in the bottom of your flower vase if it is too deep for displaying flowers. It also helps keep the stems moist.
- Rosebuds will open faster if a lump of sugar is added to the water.
- Aspirin tablets, pennies and ice cubes are all said to lengthen the lives of fresh cut flowers.
- Put a layer of gravel on the top of window boxes to prevent rain from splattering dirt on windows.

#### **FOOD COLOURING TINTS FLOWERS**

- You can change the colour of cut flowers by mixing some food colouring in warm water and placing the stems in the solution. The stems absorb the colours by morning; you will see pretty designs and different colours on the flowers.

Goulbourn Township Historical Society  
 Annual Membership Application/Renewal Form  
 TO ENSURE AN ACCURATE RECORD OF YOUR MEMBERSHIP  
 PLEASE COMPLETE ALL AREAS & PRINT CLEARLY

Last Name: \_\_\_\_\_

Given Name(s): \_\_\_\_\_

Given Name(s) of Spouse/Partner: \_\_\_\_\_

Street Address: \_\_\_\_\_

City/Town: \_\_\_\_\_

Province/State: \_\_\_\_\_ Country: \_\_\_\_\_ Postal Code/Zip Code: \_\_\_\_\_

Telephone Number (Include area Code): ( \_\_\_\_\_ ) \_\_\_\_\_ - \_\_\_\_\_

E-mail Address: \_\_\_\_\_

E-mail Address of Spouse/Partner (If different): \_\_\_\_\_

Fax Number (Include Area Code): ( \_\_\_\_\_ ) \_\_\_\_\_ - \_\_\_\_\_

**Annual Dues:** Are the same for both "Single Membership" and for "Family Membership"

New Member Annual Dues (\$15.00): single \$ \_\_\_\_\_ family \$ \_\_\_\_\_

Renewal Annual Dues (\$15.00): single \$ \_\_\_\_\_ family \$ \_\_\_\_\_

Donation \_\_\_\_\_ \$  
 Total: \$ \_\_\_\_\_

Payment:

Please make your Cheque/Money Order payable to the "Goulbourn Historical Society" and mail, or deliver, to:

The Goulbourn Historical Society  
 P.O. Box 621, 2064 Huntley Road  
 Stittsville, Ontario, K2S 1A7, Canada

Receipts For Income Tax Purposes: Donors of \$10, or more, will be given receipts for Income Tax purposes. To save postage, these receipts will be sent with the Museum Newsletter edition which follows receipt of the Annual Dues/Donation.

Newsletter: Would you prefer to receive the "Newsletter" by e-mail?

(Check One)  Yes  No

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For GTHS Membership Office Use Only

Dues for Year (1 April - 31 March): 20\_\_\_\_ - 20\_\_\_\_  
 Date Received by Membership Chair: 20\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_  
 Date Entered in Membership Data Base: 20\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_  
 Date Payment Passed to Treasurer: 20\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

Notes:

\_\_\_\_\_ amended: 2007-06-13

## *Obituaries - Goulbourn Residents*

ATTFIELD, DONALD HORACE – On November 11 2008, aged 76, father of David, Alec, Neal, Peter and Joel.

BOND, THOMAS JAMES (JIM) – On August 18, 2008, his 81st birthday, son of Sam and Jane Bond, husband of Alma and father of Diane (Richard) Priday and Steven (Shelley). Also survived by 4 grandchildren. Brother of Anna (Buzz) Murray, Jean Azulay and Hester (John) Shackelton

BROWN, JOHN ARTHUR (JACK) – On August 21, 2008, in his 79<sup>th</sup> year, husband of Eileen (nee Wilson) and father of Melody (Bruce Murison) and Nancy (Park Anderson). Grandfather of five and brother of Beryl Parks, Lorne Brown (Helen) and the late Garfield and Wayne.

BYRNE, EDNA MAY (nee Lloyd) – On November 29, 2008, in her 96<sup>th</sup> year, wife of the late Alfred E. Byrne. Mother of Joel and John. Also survived by a grandson.

CASEY, ANNE (nee Kavanagh) – On November 4, 2008, in her 74<sup>th</sup> year, wife of Des Casey and mother of Catherine Misseau (late Jim) and Des Kavanagh (Cathy Oxley). Predeceased by her parents Blanche and Frank Kavanagh and by brothers Michael and Joseph.

CONLEY, DONALD – On April 18, 2008, in his 81<sup>st</sup> year, husband of the late Myrna (nee Papineau) and brother of June Nye.

GREEN, IRIS FERN (nee Arbuckle) – In Smiths Falls on August 1, 2008, aged 89, wife of the late Rowland Green, mother of the late Hilliard (late May Preston) and grandmother of Graham and Neil (Jamie-Lyn). Sister of Lorne Arbuckle (Doreen) and the late Herbert (Phyllis) Arbuckle.

HOSSACK, MARGARET LOUISE (nee Finn) – On October 10, 2008, wife of the late Victor and mother of Emmett (Leslie), Heather Vicente (Rene), Glen (Martine) and Ken (Nancy). Also survived by 10 grandchildren and 1 great-granddaughter.

JESSIMAN, CECIL – On September 9, 2008, aged 92, son of the late Jane Fraser and Alexander Jessiman, husband of Dorothy and the late Evelyn Hopewell. Father of Glenn, Barry (Marika) and the late Brian and grandfather of two. Brother of Elson, Lilius Lancaster, and the late Heather, Ken, Bill, Alex and Mick. Also survived by 5 grandchildren and 4 great-grandchildren.

KNOX, MARGARET (PEGGY) (nee Duplisea) – On November 6, 2008, aged 73, wife of Allan Knox and mother of Michael (Danielle). Step-mother of Gail (Grant), Kathy (Rod) and Tracy (Scott). Sister of Bob (Elsie), Rose (Eric), Pauline (late Gus), Marilyn (late Bill) and Patsy.

MARTIN, DONNA LYNN (nee Tubman) – On November 12, 2008, wife of the late Ron Martin and daughter of the late William and Isabel Tubman. Sister of Sharon (Ron Munroe), Garth (Karen), Marguerite (Ed Dodd), Glenda (Don Clermont) and Nancy (Jody Deschamps). Stepmother of Brenda (Jeff) and Sandy.

McCOY, JEAN B. (nee Featherstone) – On October 16, 2008, in her 95<sup>th</sup> year, wife of the late Wesley McCoy and mother of Marion Argue (David), Shirley Pretty (late Arnold), Kenny (Ann), Allan (Kim) and the late Betty Crabb (Stewart), Tom and Lloyd. Survived by many grandchildren, great-grandchildren and great-great-grandchildren.

NEILL, CLIFF – On August 8, 2008, in his 83<sup>rd</sup> year, father of Bonnie (Richard

Love), Bill, Craig (Brandi), Shelley (Cameron Jones) and grandfather of six. Brother of the late Russell (Georgina), Velma Dunn (the late Bernie) and Eyleen Craig (the late Denny).

PHARAND, GERALD WILFRED- On November 26, 2008, aged 62, son of the late Gerard and Laura Pharand. Father of Jean Marc Porteous (Christine).

PICHE, ANNA DORATHEA (nee Kloot) – On September 2, 2008, aged 83, wife of the late Mayo and mother of Mathilda (Phil O'Connor), Jack (Shirley), Carol (Eldon Scharf), Jean (Michael Letourneau) and the late Novanna and Joseph. Also survived by 8 grandchildren and 8 great-grandchildren.

ROWE, RANDOLPH - On November 13, 2008, husband of Rosaleen Horan and father of Brendan and Keegan. Brother of Gordon (Mhedee), Marilyn (Bruce), Ed (Sandi), Brenda (Richie) and Karen (Roy). Son of the late Doris and Wilfred Rowe.

SAMPLE, ROBERT BROWN – On September 26, 2008, aged 70, husband of Patricia Toombs and father of Elizabeth Steele (James) and Robert (Julie Westall). Also survived by 2 granddaughters.

SINGER, JOAN DAPHNE AMELIA (nee Dyson) – On November 6, 2008, in her

89<sup>th</sup> year, wife of the late William Douglas Singer AND MOTHER OF Stephen and Bruce (Linda).

STEINBERG, BETTY (nee Kittle) – On July 8, 2008, aged 80, wife of Gordon and mother of Randy (Suzanne), Barry (Diane), Brenda and Susan (Peter Perreault). Also survived by a granddaughter Emma and her brother of Arnold Kittle.

TAYLOR, ROBERT MORRISON – On October 30, 2008, aged 85, husband of Jackie (nee Aikens) and father of Don (Nancy) and Sue (John (Willson)). Also survived by 5 grandchildren.

WALKER, MARGARET (nee McGuey) – On October 15, 2008, in her 92<sup>nd</sup> year. Wife of the late Thomas Andrew Walker and daughter of the late Francis and Beatrice McGuey. Mother of Beatrice Schropp (late George), Gloria Carson, Ronald (Theresa) and Marilyn (Alan Jarvis). Also survived by 3 generations of grandchildren.

WOODS-LUNNEY, CYNTHIA – On July 17, 2008, aged 46, wife of Philip Lunney and mother of John and Matthew. Daughter of Jim and Audrey Woods and sister of Jim and Jeff (Shriefe) Woods.

## *Obituaries - Former Goulbourn Residents*

COOPER, JEFREY DAVID MURRAY – In Manotick on July 24, 2008, aged 39, son of Don and Fran (nee Paterson) and brother of Sandra (Stephen Murphy).

McGEE, BARBARA ANN (nee Bradley) – On October 11, 2008, aged 80, wife of Don and mother of David (Keri) and Leslie (Jim) Bowles. Also survived by 5 grandchildren and 2 great-grandchildren. Sister of Norma (Eldon) Craig.

MOORE, MARION (nee Fisher) – On November 8, 2008, in her 72<sup>nd</sup> year, wife of Earl and mother of Raymond (Shirley), Shirley (Tony) MacDonald, Robert (Sharon) and Ronald (Victoria). Grandmother of 10. Sister of Lois Bennett, Marjorie Jinkinson, Lloyd Fisher and the late William, Garnet and Clarence.

OLMSTEAD, EARL ALEXANDER – On November 10, 2008, aged 94, predeceased by his wife Marjorie. Father of Bruce,



Eleanor and Valerie. Also survived by 5 grandchildren and 2 great-grandchildren.

PARLIAMENT, LEONARD ALPHONSE – In Penetanguishene on July 17, 2008, in his 71<sup>st</sup> year, husband of the late Vivian (nee Elliott) and father of Wendy (Edie Cairns), Cindy (Jim Walker), Maggie and Len (Minu). Also survived by 7 grandchildren, 1 great-grandchild and his siblings Peter (Janet), Bill (Mary), Judy, Don (Wendy), Clayton (Linda), Mona

(Karl McAllen), Marg (Brian Duquette) and Mary Pearce.

RIOUX, EILEEN (nee Rushleau) - On September 10, 2008, wife of the late Maurice and mother of Micheline Metcalfe (Derek). Grandmother of 4.

SHANGRAW, GRACE (nee Clarke) – In Perth on September 1, 2008, aged 66, daughter of the late Jack and Lila Clarke. Sister of Sheila Romhild (Bill) of Richmond.

## *Obituaries - Out-of-town Relatives*

ANDERSON, NORMA (nee Hartnett) – On April 8, 2008, aged 82, sister of Alice Green (Elmer) of Richmond.

BATOFF, BOB – On May 10<sup>th</sup>, 2008, in his 75<sup>th</sup> year, father of Karl Batoff of Richmond.

BECKSTEAD, CARL – In Winchester on May 27, 2008, aged 70, father of Pam MacDonald (Doug) of Munster Hamlet.

BOURQUE, MYRTLE ISABEL – On May 20, 2008, aged 90, mother of Isabel (Gary Thompson) of Richmond.

BRANDIMORE, JEAN - In Arnprior, on May 10, 2008, in her 94<sup>th</sup> year. Mother of Gayle Hayes (Phil) of Richmond.

CASEY, GREGORY ANTHONY – On April 24, 2008, aged 29, son of Gerald and Terry (nee Kelso) and grandson of Ron and Doreen Kelso, formerly of Stittsville.

CAVELL, MARJORIE ELIZABETH (nee Hyckie) – In Cornwall on April 16, 2008, aged 83, mother of Bruce (Cheryl) of Stittsville.

DARLINGTON, JOYCE H. (nee Cranfield) – On August 25, 2008, aged 87, mother of the late John (Andrea) of Munster.

DAVIDSON, BARBARA (nee Townsend) – On April 20, 2008, mother of Steve (Karen) of Stittsville.

DISLEY, NORA (nee Adam) – On July 16, 2008, aged 90, mother of Catherine (Michael) Engler of Stittsville.

DONAHUE, THOMAS POWER – In Douglas, Ontario, on November 8, 2008, aged 71, brother of Estelle (late Pat) Flynn of Richmond.

EVERS, JOHN FREDERICK – In Perth on June 14, 2008, in his 84<sup>th</sup> year, father of Peggy (Patrick) McQuaid of Stittsville.

FAWCETT, FRED – In Winchester on November 24, 2008, aged 95, father of Sheila (Garry) McCurdy of Richmond.

GAUTHIER, DIANE DOROTHY – On August 28, 2008, aged 45, daughter of Gerry and Lorraine Gauthier of Richmond.

HALL, JEAN – On May 11, 2008, aged 78, mother of Diane (John Delahunt) of Munster.

HAYER, CECIL BERDEEN – On May 29, 2008, aged 85, father of Jeff of Richmond.

HUNT, FREDERICK V. – In Perth on November 14<sup>th</sup>, 2008, in his 82<sup>nd</sup> year, brother of Gerald A. (Anne) of Stittsville.

JOHNSTON, MYRTLE AGNES (nee Hueston) - In Smiths Falls on May 28, 2008, aged 79, sister of Marion Barnes of Stittsville.

LADOUCEUR, JOSEPH GERARD – On July 2, 2008, aged 83, father of Christine Campbell (Rob) of Richmond

LAURIN, VALERIE-ANN – On July 25, 2008, aged 81, mother of Michel of Stittsville.

LEACH, WILLIAM LINDSAY – In Kitchener of May 4, 2008, father of Thomas B. Leach (Carol) of Stittsville.

LOUGHLIN, ANNETTE – On May 22, 2008, aged 91, sister of Rene (Terry) Leroux of Stittsville.

MacFARLANE, RONA (nee Cross) – On July 14, 2008, aged 72, mother of Jameon (Terry Cronier) of Stittsville.

McKENZIE, MAUREEN – On September 1, 2008, aged 56, sister of Delia Lusk of Richmond.

McLAUGHLIN, BETTY IRENE (nee Milton) – On July 29, 2008, aged 82, sister-in-law of Rita Beingessner of Richmond.

NAYLOR, JOSEPH ERIC – On November 17, 2008, aged 79, father of Lynn Naylor of Stittsville.

PEACOCK, MARILYN (nee Findlay) – On April 21, 2008, in her 64<sup>th</sup> year, sister of Shirley Bishop (Peter) of Stittsville.

POULIN, MICHEL RENE – On April 26, 2008, in his 55<sup>th</sup> year, brother of Madeleine (Ken Purdy) of Dwyer Hill.

PURDY, VERA G. (nee Webster) – On April 11, 2008, aged 94, mother of Lynn Duffy (Larry) of Munster

RABB, NORMA (nee Laycock) – On October 2, 2008, in her 94<sup>th</sup> year, mother of Dr. Rod (Dr. Lucy) of Richmond.

RENAUD, PATRICIA ANN (nee Finter - On April 1, 2008, aged 74, sister of Ken Finter of Richmond.

ROBERTS, VERA (nee Panaktak) – On August 6, 2008, aged 51, wife of David Roberts and daughter-in-law of Pat and the late Barry Roberts.

ROLSTON, MARION – On November 8, 2008, in her 77<sup>th</sup> year, mother of Mary Anne and Stephen (Diana) of Stittsville.

ROMAIN, LAWRENCE – On April 29, 2008, aged 66, father of Terry and Louise (Rick Neuman) of Richmond.

SHAW, WILLIAM – In Brockville on May 1, 2008, aged 78, father of Susan (Steve) of Stittsville.

SMITH, JOHN SCOTT BAXTER – In Smiths Falls on November 17, 2008, in his 82<sup>nd</sup> year, father of Scott (Joanne Glaser) of Stittsville.

SMITH, PETER MARK – On May 6, 2008, aged 48, brother of Marion (Bob) Scollan.

STRINGER, DOUGLAS HAMILTON – On June 7, 2008, aged 77, father of Karen Stringer (Dr. Franz Ferraris) of Ashton.

THOMPSON, JOHN – On September 24, 2008, aged 66, father of Brent (Bonnie) of Stittsville.

VAN ALLEN, SHIRLEY IRENE (nee Payne) – On May 1, 2008, aged 75, brother of Garry (Beverley) of Stittsville.